



SOS

I am suffering from the hypermobile Ehlers-Danlos Syndrome (hEDS)

A heritable connective tissue disorder.

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tissue disorder.

Main symptoms:

- Hypermobile joints, increased risk of (sub)luxations.
- Atrophic scarring, poor wound healing.
- Mild skin hyperextensibility or a soft, doughy skin.
- Chronic pain and fatigue.

Caution:

- Please treat and move me with extra care. I have an increased risk of (sub)luxations and bleeding.
- Local anesthesia may be less effective or ineffective.
- Sutures may cut through weak connective tissue, placing additional sutures in multiple layers or using dovetails is recommended.
- Be aware of jaw dislocations and a fragile cervical spine when intubating.
- Wound healing is delayed, be cautious of invasive procedures.