

A heritable connective tissue disorder.

## I am suffering from the cardiac-valvular Ehlers- Danlos Syndrome (cvEDS)



### SOS

#### **Main symptoms:**

- Hypermobile joints, increased risk of (sub)luxations
- Atrophic scarring, poor wound healing, spontaneous hematomas
- Mild skin hyperelasticity or velvety skin
- Cardiac valvular problems with mitral and/or aortic valve insufficiency

#### **Caution:**

- Please treat and move me with extra care. I have an increased risk of (sub)luxations and bleeding.
- Local anesthesia may be less effective or ineffective.
- Be mindful of possible heart valve problems
- Sutures may cut through weak connective tissue, placing additional sutures in multiple layers or using dovetails is recommended.
- Be aware of jaw dislocations and a fragile cervical spine when intubating.
- Wound healing is delayed, be cautious of invasive procedures.